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THE WILS WAY

1st QUARTER 2019

MAIN OFFICE - 612 N. Ridgeview Drive, Warrensburg, MO

WILS AWARDS \$1,500 FELLOWSHIPS TO UNIVERSITY OF CENTRAL MISSOURI STUDENTS

West-Central Independent Living Solutions congratulates UCM Seniors, Bailli Mammen of Knob Noster and Matt Mullins of St. Louis, on receiving the Dave DeFrain Fellowship.

This fellowship is open to UCM seniors studying in a field of social work or human services. The DeFrain Fellowship was established in 2016 and is named in honor of WILS past Board member and Board President Dave DeFrain, who is also a retired director of the Department for Academic Achievement at UCM.

"I decided to get my education in social work because I see the climate

of society and want to help make the world a better place," says Mullins.

WILS collaborates with UCM's Department of Social Work to select candidates to participate in an interview and application process with WILS Associate Executive Director and program supervisors. Once recipients are selected, they participate in a 480-hour practicum which includes case management, professional development, and other special projects with WILS staff.

Recipient Mammen says, "At WILS I am able to apply my social work values to

empower people to live independently and advocate for a more inclusive society.

Meet Adriana Marketing Intern

Adriana Vivas is a graduate student at the University of Central Missouri, studying Mass Communications. Vivas has hosted WILS Workshops for Johnson County Interagencies where she has presented on Social Media, Branding, and Graphic Design.



WILS provides options that can make Independent Living a **choice**. WILS encourages participants to take **control** by setting & accomplishing their own personal goals. Learning to make informed decisions allows participants to **change** from unnecessary dependency to full inclusion in community life.



Deb's Desk

A note from WILS Executive Director

Greetings to All, I hope this letters finds you out enjoying some fresh air and sunshine! It has certainly been a long winter. What does spring bring to mind for you? I am, of course, compiling the list of spring cleaning tasks. I have given up on keeping plants alive but I am looking forward to visiting the local farmers market. I see spring as an opportunity to soak up some sunshine and feel the cool breeze on my face. Research tells us that being outside can boost your energy level and increase creativity. Match that up with claims of the great outdoors boosting your immune system and helping you manage stress. Even just a few minutes a day out on the deck or front porch can make a difference. Keep your eyes open for WILS Events

coming to your community. Some will involve fresh air and sunshine and some will spark creativity within your soul. We are working very hard to establish new partnerships in order to expand events and activities for our consumers. We appreciate that you trust us to help you live independently. If we can be of any assistance at all to you, please contact your local branch office.

Respectfully,



Deb Hobson,
Executive Director

Almost 5 years ago, I was invited to join a group of seniors & those with disabilities to a 'painting class'. We gathered Monday mornings for this class and I remember being so nervous to go because I didn't know what to expect. I was in a wheelchair at the time and was used to getting judged constantly for it. I was in tears as soon as I got there the first day and rushed to the bathroom to collect myself. Little did I know I would leave class that day with more than just painting tips and tricks. I left with people I can now call family. People that would never judge, always there to listen, truly do show that they care and have taught me more than they will ever, ever know. We still get together every Monday morning and paint & talk our hearts out. The relationships we have built with one another cannot be replaced. Today we got to show off some of our masterpieces in an art show at The Market here in beautiful downtown Warrensburg. To say each and every person is super talented is such an understatement. They have all overcame many obstacles in life and art has helped us get through them. -Kelsey, WILS Consumer

OUTDOORS WITHOUT LIMITS

May 14, 2019

10 am-1pm

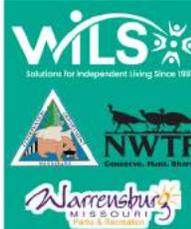
Hazel Hill Lake

Warrensburg

Activities include fishing, archery, and target practice. Lunch will be served.

THIS EVENT IS FOR INDIVIDUALS WITH A DISABILITY LIVING IN BENTON, HENRY, JOHNSON, LAFAYETTE, PETTIS, AND SALINE COUNTIES.

Transportation may be available. Registration and transportation deadline is April 29. To RSVP, please call WILS at 660-422-7883. Event & Lunch Cost: FREE



- 4-11: Lafayette, Craft
 - 4-11: Saline, Craft
 - 4-12: Johnson, Movie
 - 4-18: Pettis, Craft
 - 4-18: Saline, Van Meter
 - 4-22: Henry, Craft
 - 4-22: Johnson, SSSH Class
 - 4-24: Benton, Craft
 - 4-25: Johnson, Craft
 - 5-9: Benton, Truman Dam
 - 5-14: Johnson, OWL
- Call 800-422-7883 for more info or to RSVP.



“WILS”

YOU BE WILLING TO
MAKE A DIFFERENCE?

There's a seat
at the table,
and we want
YOU to get ON
BOARD.



West-Central Independent Living Solutions is actively seeking passionate and diverse board members to guide the organization, influence policy, build community networks, act as agents of change, and serve as ambassadors. To learn more about serving with us, visit www.w-ils.org Community Outreach page. Ready to make a difference? Please send your resume and a letter of intent to: Executive Director, Attention Board Candidate 612 N. Ridgeview Drive, Warrensburg, MO 64903.

Friend Assisted Ride Program Launches

Greetings from WILS Transportation Team! We are pleased to announce the launch of a new program known as F.A.R. or Friend Assisted Rides. It is a program which will provide gas reimbursement to you, our consumers, so you can ride with friends or family to non-emergency medical appointments.

How does it work? Simply contact WILS Transportation at 660-422-7883 to get qualified. Once qualified, you will receive a F.A.R. welcome packet- available either by mail or pick-up at WILS offices. It will include detailed instructions on the F.A.R. program process, a F.A.R. reimbursement form, and information on all other WILS programs.

Once qualified, the next step is to contact WILS Transportation at least 4 days in advance of your appointment date to set up a transportation reservation. At the time the reservation is scheduled, you will be given a trip number and a mileage

total (WILS uses the miles that are calculated by Google maps) to place on the F.A.R. reimbursement form. After that, ask a friend or family member to drive you to your to your non-emergency medical appointment.

You, the consumer, will ask the doctor/nurse/receptionist at the facility to sign the reimbursement form. The form will have lines for multiple trips so the form can be used more than once if you choose.

Forms will have to be submitted by mail or dropped off at the WILS office nearest you to be scanned to WILS Transportation Coordinator by the 10th of the month for processing. Reimbursement

checks will go out once a month via mail only. The check would be mailed directly to you, the consumer, and it would be the consumer's responsibility to pay the driver for mileage expense. This program empowers you, the consumer, to pay your driver for their services.



Dawn is WILS Operations & Transportation Coordinator.

Friend Assisted Rides

Need a ride?
Ask a friend!
Ask a relative!
Ask a neighbor!

WILS reimburses fuel costs.

WEST-CENTRAL INDEPENDENT LIVING SOLUTIONS

WILS is a consumer driven, non-residential, 501(c)3 non-profit resource center that serves people with physical disabilities in Benton, Henry, Johnson, Lafayette, Pettis, and Saline counties.

612 N. Ridgeview Drive
Warrensburg, MO 64093
Phone: 660.422.7883
Fax: 660.422.7895
Toll Free: 800.236.5175
TTY: 660.422.7894

1800 West Main Street
Sedalia, MO 65301
Phone: 660.829.1980
Fax: 660.829.2353
Toll Free: 866.558.5588

210 W. Mason
Odessa, MO 64076
Phone: 816.565.4470
Fax: 660.438.3076
Toll Free: 866.574.8931

255 West Main Street
Warsaw, MO 65355
Phone: 660.223.0001
Fax: 660.438.3076
Toll Free: 888.840.6987

Need a ride?

WILS Transportation Program is a fee based service which offers qualifying consumers affordable and accessible transportation to individuals with disabilities and the elderly for medical appointments, grocery & essential shopping, education, work, or social outings.

Call: 1-800-236-5175



www.w-ils.org



@thewilsway

RETURN SERVICE REQUESTED

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Warrensburg, MO
64093

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