



TRUE COLORS

Discover your True Colors by taking the quiz. Score each row with a number according to this scale:

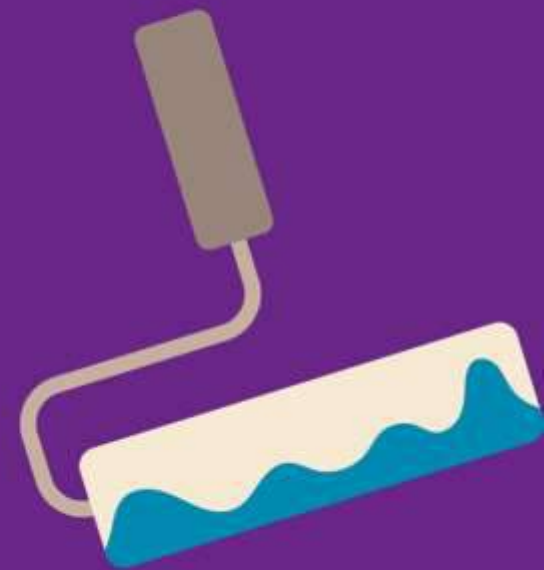
4 - most like

3 - a lot like

2 - somewhat like

1 - least like

Then add the total score for each row.





ABOUT BLUES

In search of the meaning of life
Read early in life and enjoy the exposure to new words
Peace keepers
Empathetic and pick up on subtle social clues
Thrive in social settings
Want authentic experiences
Idolize their teachers
Creative
Enjoy working in small groups to solve problems
Long for self-actualization, never quite feel fulfilled
Hypersensitive
Do not enjoy competition
Do not respond well to large group settings or too much stimulation
Do not like insincerity and deception
Do not like hypocrisy
Authentic
Enthusiastic
Compassionate
Sincere



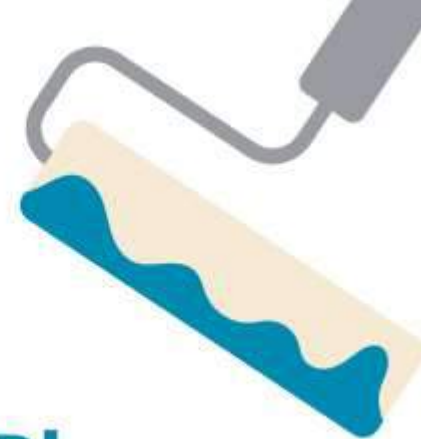
Blue Motto

"Be All You Can Be"



Blue Career Options

Humanities
Social and Human Services
Counseling
Nursing
K-12 Education
Child Care
Theatre & Music



Blue Feelings



I get stressed when I can't help people I care about. My biggest fear is being alone. When I'm stressed, I get sad. I may cry and pull away from others.

CREATED USING
Draw2Cartoon

A large, vibrant yellow paint splatter graphic is positioned on the left side of the slide, serving as a background for the title text.

ABOUT GOLDS

Very responsible
Respond well to approval
Eager to please
Responsible
Rule followers
Flourish with routine and order
High expectations for self
Good study habits
Planners by nature
Love traditions and family events
Struggle with confusion and disorder
Do not like change
Long for stability and predictability
Do not like disobedience or insubordination
Dislike non-conformity
Dependable
Organized
Stable
Concerned



Gold Motto

"Protect & Serve"

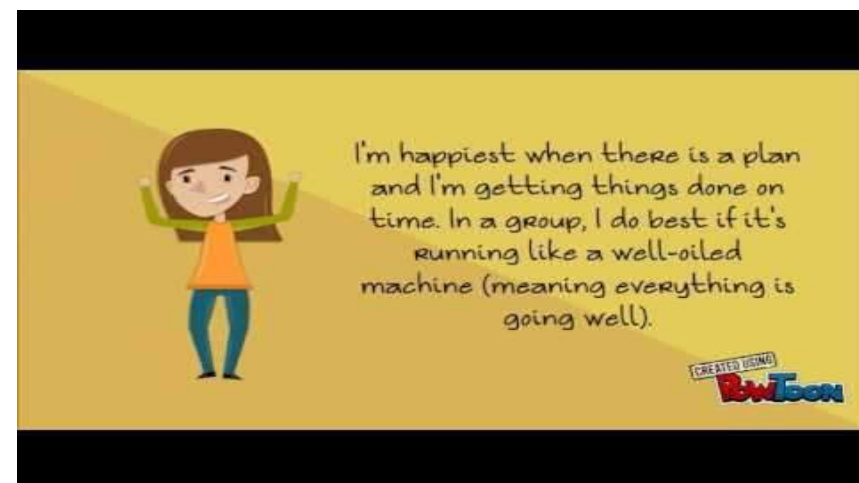


Gold Career Options

Human Resources
Corporate
Computer & Technology
Business & Administration



Gold Feelings





ABOUT GREENS

Ask a lot of questions

Analytical

Focused and efficient

Enjoy the challenge of exploring open ended questions

Precocious, high achievers

Learn to read early in life

Inventors or collectors

Once they have mastered something, they need to move on

Struggle with social skills

See the details but miss the big picture

Evaluations must be very clear

No patience for others who are slow to master a concept

Willing to delve deeply into a topic

Do not like injustice or unfairness

Calm and cool

Investigative

Logical



Green Motto

"Knowledge is Power"



Green Career Options

College Professors
Agriculture
Natural Sciences
Physical Sciences
Medical Field
Computing and Technology



Green Feelings



ABOUT ORANGES

Want to do new things now

Active

Impulsive

Enjoy risks, adventure and competition

Variety and spontaneity

Learn best by moving and doing

Like to solve problems

Artisans, craftsmen, painters, sculptors, dancers

Do not like to plan ahead

Do not like routines, lectures, note-taking

Have difficulty sitting still

Do not like authority

Do not like rigidity

Witty

Spontaneous

Energetic

Generous



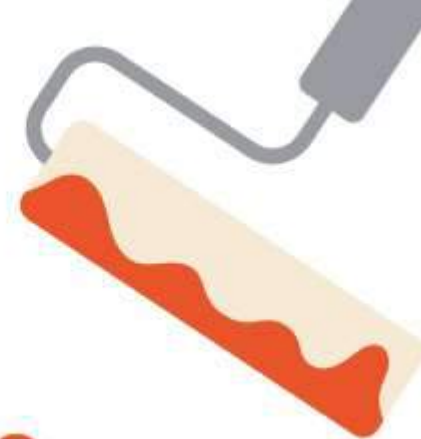
Orange Motto

"Carpe Diem"



Orange Career Options

Management
Law
Sales
Recreation and Wildlife
Criminal Justice



Orange Feelings

If you give me freedom to be who I am and let me have choices, I'll work my hardest for you. I like my individuality and want to be appreciated for it.



CREATED USING
BoToon

Communicating with BLUE

Blues care about people, relationships and fostering growth in themselves and others. When speaking they focus attention on creating a relationship or reconnecting to convey information.

BLUE can frustrate others by

- Being passive
- Lack of planning
- Avoidance of conflict
- Suppressing problems
- Being overly generous
- Being naïve
- Being overly emotional and sentimental



TIPS for Success

- Acknowledge them and their efforts
- Show your appreciation
- Be inclusive
- Have patience
- Do not bark orders

Communicating with GOLD

Golds specifically listen for detail so they know what their part is. They size up a situation and respond accordingly.

GOLD can frustrate others by

- Being too rigid
- Acting bossy and controlling
- Planning for everything
- Working long hours
- Being obsessive
- Being judgmental



TIPS for Success

- Be prepared
- Give them details
- Stay on target and be consistent
- Show respect
- Do not interrupt
- Recognize their contribution

Communicating with GREEN

Greens communicate for the purpose of gathering or sharing information. In conversation their attentions are focused on the matter at hand, not the relationship.

GREEN can frustrate others by

- Not being sociable
- Living in the future
- Being wordy
- Blowing up over criticisms
- Refusing to go with the flow
- Being too independent
- Being too critical
- Being unappreciative and unrealistic



TIPS for Success

- Give them time to think
- Skip the small talk
- Avoid redundancy
- Give them the “big picture” first, then get into the details
- Do not misinterpret their need for information as interrogation

Communicating with ORANGE

Oranges share a thought as soon as it hits their mind. They skip “soft” language and get straight to the point.

ORANGE can frustrate others by

Ignoring rules

Being undisciplined and irresponsible

Being quick tempered

Thinking out loud

Impulsive behaviors

Being scattered

Being indecisive



TIPS for Success

Move with them while they multitask

Appreciate their flair

Allow for options and flexibility in assignments

Lighten up

Use “sound bites”

BLUE is freaking out!



TIME management STRESSORS are

Being overextended
Allowing personal situations to
supersede their work schedules
Saying "no"
Socializing

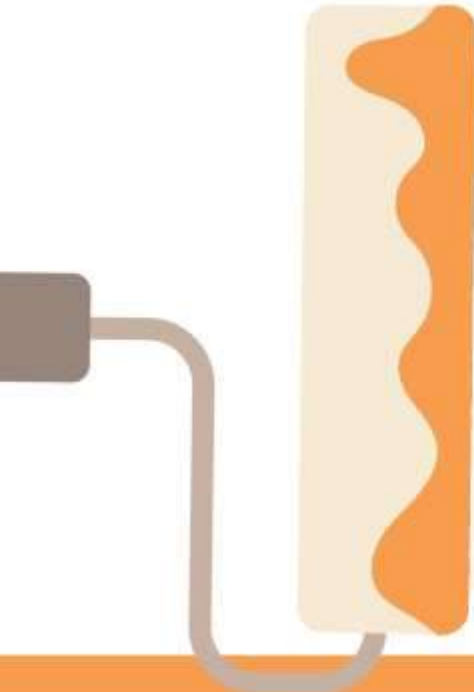
FRUSTRATIONS are



Violence
Lying
Personal rejection
Sarcasm
Lack of communication

GOLD is freaking out!

TIME management STRESSORS are



- Unexpected changes or sudden last minute situations
- Having to do several things at once
- Not having time to make a plan
- Chaos and disorganization
- When others do not follow rules

FRUSTRATIONS are




- Irresponsibility
- Lack of planning or discipline
- High risk taking
- Illegal activity

GREEN is freaking out!

TIME

management

STRESSORS are



- Wasting time with idle chit chat
- Having to make a decision without enough information
- Rushing to meet another's timeline
- Being forced to spend time on something that does not make sense to them

FRUSTRATIONS are



- Routine
- Small talk
- Plagiarism
- Illogical arguments
- Social functions
- Incompetence

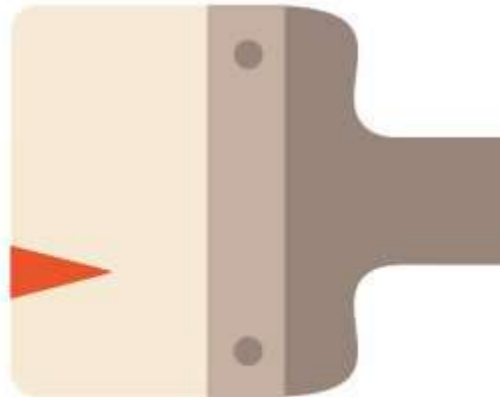
ORANGE is freaking out!

TIME management STRESSORS are



- Distractions
- Constant re-prioritizing or creating new options
- Boredom with dull or routine tasks
- Missed deadlines or lack of follow-through
- Disorganization or not sticking to established systems

FRUSTRATIONS are



- Rules and laws
- Deadlines
- Paperwork
- Lack of adventure
- Too much structure

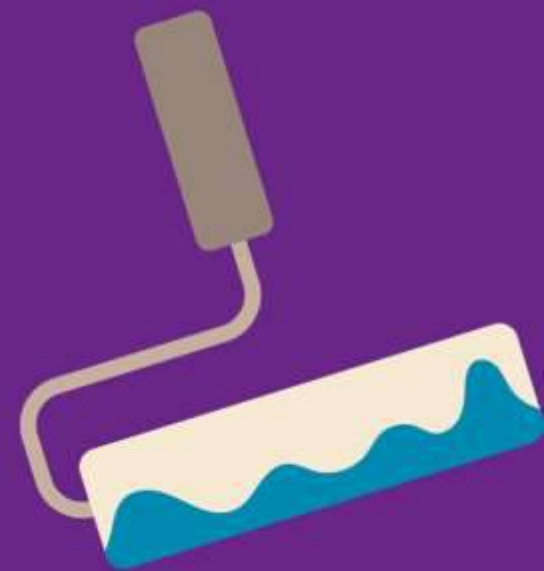
TEAMWORK Activity

Get into a group of 4

Within your group you will construct 3 designs using the following items:

- Rubber band with strings attached
- Solo cups

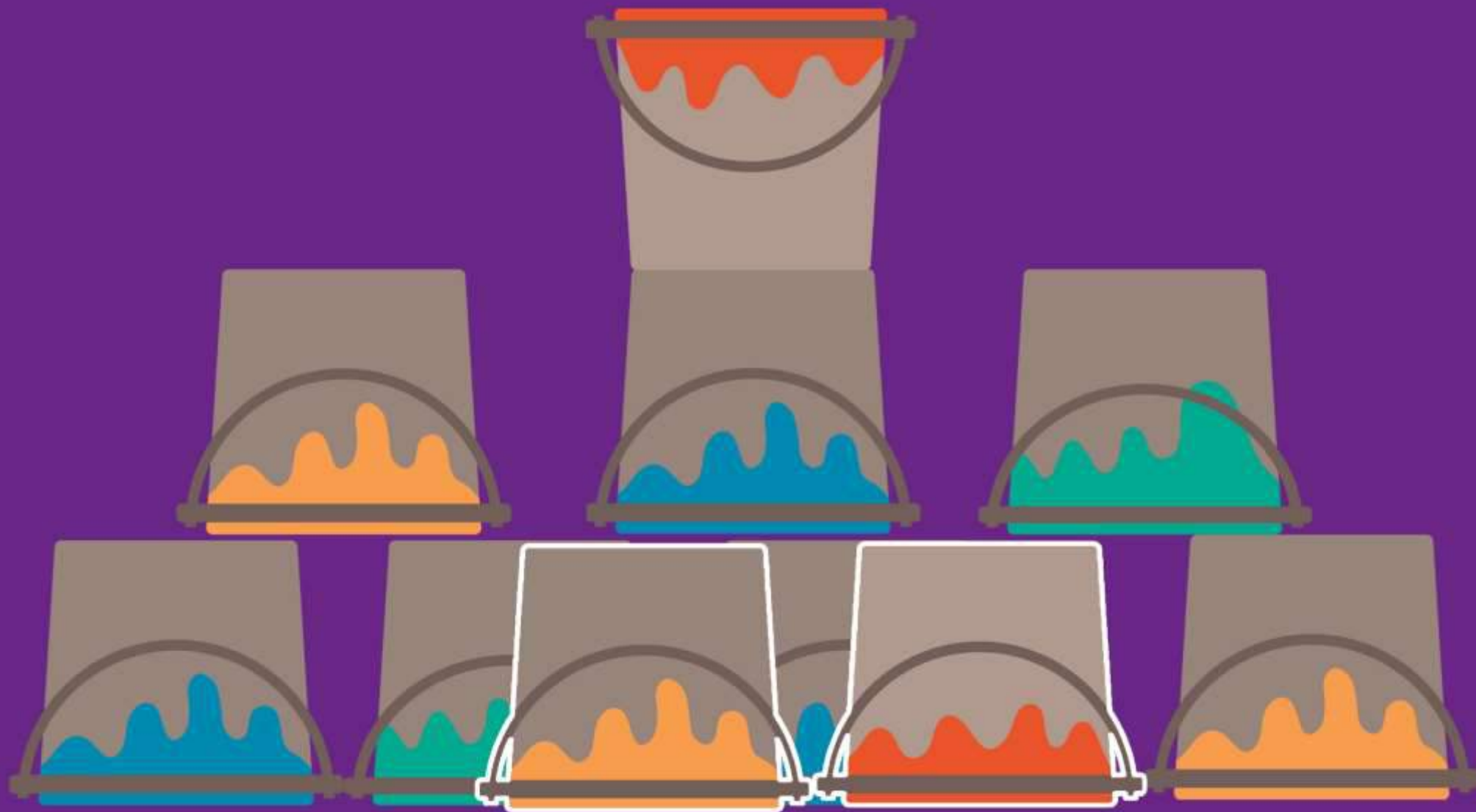
GO!



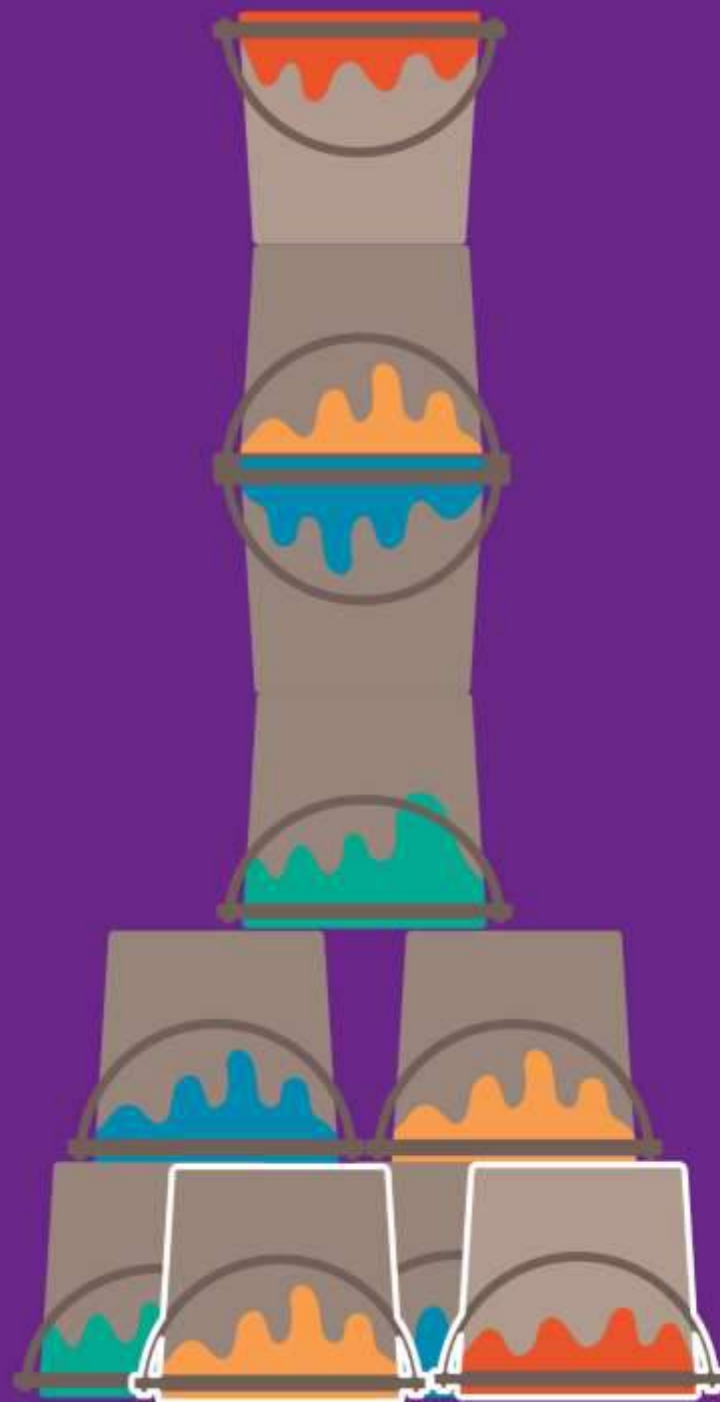
design ONE



design TWO



design THREE



REFLECTION

Questions

- What colors were present in your group?
- How did communication work within your group?
- What was challenging about your group?
- Were you successful? Why?

