

# **Veteran Directed Care Program VDC**

---

## **VDC Comprehensive Needs Assessment Form**

Veteran Name:

Veteran ID:

Assessment:

Date:

Agency:

Options Counsleor:

Agency Address:

Agency Phone Number:

☐Options counselor indicates that the prior assessment and plan of care has been reviewed. Reassessments, please note changes from last assessment of

I. DEMOGRAPHICS

Assessment location:	Face to Face Date:	Options Counselor:		
Veteran name:	Veteran ID :	SS#:	Phone:	
Address:		County:	Rural:	
D.O.B.	Gender:	Race:	Ethnicity:	
Marital Status:		Number in Household:	Living Arrangement	
Visual Impairments		Communication Barriers		
Describe Visual &/or Communication Issues:				
English As Second Language?		If yes, what is primary language?		
Does the veteran have an Authorized Representative?				
Name:		Address:	Phone #:	
Person(S) Present Other Than Client & OC And Relationship To Client				
EMERGENCY CONTACTS/SUPPORTS:				
Name	Relationship	Address	Phone #	Email

Veteran/AR Email:

Does Veteran have any of the following?	VA provided tablet for Telehealth	Personal computer/tablet device for accessing interenet
	Smart Phone	Internet Access, phone data, home internet

Veteran's Expressed Goals of Care:

## **II PHYSICAL HEALTH HISTORY AND ASSESSMENT**

**PRESENTING PROBLEM(S)** (Check All That Apply) Hospitalization Use, Emergency Use, Physician Visit In Last 90 Days Or Since Last Assessment:

- ☐ Inpatient Acute Hospital W/ Overnight Stay (Reason)
- ☐ Emergency Room Visit (Not Counting Overnight Hospital Stay) (Reason)
- ☐ Physician Visit/Purpose:
- ☐ Change(s) In Medical Condition:
- ☐ Change(s) In Household Composition:
- ☐ Change(s) In Support(s):
- ☐ Other:

Please Indicate Non-VA Primary Care Physician &/or Specialist (Name & Telephone #):

### **Falls**

- ☐ No Falls in Last 90 Days    ☐ No Falls in Last 30 Days but Fall in 31-90 Days    ☐ 1 Fall in Last 30 Days    ☐ 2 or More Falls in Last 30 Days
- ☐ 1 or more Falls in the Last 6 Months

### **Skin Conditions**

- ☐ Pressure Sores    ☐ Open Lesions    ☐ Skin Tears or Cuts    ☐ Bruises, Rashes    ☐ Foot Problems that Interfere with Gait

### **Prevention**

- ☐ Influenza Vaccine    ☐ Pneumonia Vaccine (Last 5 Years)    ☐ Shingles Vaccine    COVID-19 Vaccine

**Tobacco** – Smokes Tobacco Daily

Wants to Quit?

**Home Health Services** – Do you Currently or Have You in the Past Six Months Received Home Health Services?

How Often?

Agency Name:

**II PHYSICAL HEALTH HISTORY AND ASSESSMENT (CONTINUED)**

Yes	No	Health conditions and Diseases	Current Medical History	Source of Report		
				Veteran	Records	Other
		Allergy To Food / Medications				
		Alzheimer / Confusion / Dementia				
		Arthritis/Osteoporosis				
		Cancer				
		Dental Needs				
		Diabetes				
		Visual Impairments				
		Gastrointestinal Disorders				
		Hearing Problems				
		Heart Disease/High Blood Pressure				
		Infectious Disease / Tuberculosis				
		Kidney /Bladder Problems				
		Neurological Disease				
		Prostate / Incontinent Problems				
		Respiratory Disease				
		Sleep Disorders / Insomnia				
		Speech Difficulties				
		Stroke / Paralysis				
		Pain				
		History of Suicide				
		Other				

Summary of Needs Identified:

### III BEHAVIORAL HEALTH

Observation of Client - Indicators of Possible Depression, Anxiety, Sad Mood (Other Mood Types) Check All That Apply:	
<input type="checkbox"/> Makes Negative Statements	<input type="checkbox"/> Persistent Anger With Self Or Others
<input type="checkbox"/> Expresses What Appear To Be Unrealistic Fears	<input type="checkbox"/> Repetitive Anxious Complaints/Concerns -Not Health Related
<input type="checkbox"/> Repetitive Health Complaints	<input type="checkbox"/> Insomniac/Changes In Usual Sleep Patterns
<input type="checkbox"/> Sad, Pained, Worried Facial Expressions	<input type="checkbox"/> Repetitive Verbalizations (E.G. Calling Out For Help - 'God Help Me')
<input type="checkbox"/> Crying, Tearfulness	<input type="checkbox"/> Recurrent Statements That Something Terrible Is About To Happen
<input type="checkbox"/> Withdrawal From Activities Of Interest	
<input type="checkbox"/> Expressions Of A Lack Of Pleasure In Life (E.G. 'I Do Not Enjoy Anything Anymore')	
Cognitive Observations of Client	
<input type="checkbox"/> Alert	<input type="checkbox"/> Confused
<input type="checkbox"/> Forgetful	<input type="checkbox"/> Disoriented
<input type="checkbox"/> Lonely	<input type="checkbox"/> Hopeless
<input type="checkbox"/> Happy	<input type="checkbox"/> Content

Is depression suspected?

6aW5'Wf: SWS 7j [ef` YBdUZ[SfdU6[SY adel

Hil gu'Y j cv'Kt'Dglpi 'Tgr qt vgf 'qt 'F qewo gpvgf A

<b>Expression - Making Self-Understood (Check Only One):</b>
<input type="checkbox"/> Understood - Client Expresses Ideas Without Difficulty
<input type="checkbox"/> Usually Understood - Client Has Difficulty Finding Words Or Finishing Thoughts BUT If Given Time, Little Or No Prompting Required
<input type="checkbox"/> Often Understood - Client Has Difficulty Finding Words Or Finishing Thoughts, Prompting Usually Required
<input type="checkbox"/> Sometimes Understood - Ability Is Limited To Concrete Requests
<input type="checkbox"/> Rarely/Never Understood
<b>Comprehension - Ability To Understand Others (Check Only One):</b>
<input type="checkbox"/> Understands - Clear Comprehension
<input type="checkbox"/> Usually Understands - Misses Some Part/Intent Of Message BUT Comprehends Most Conversation With Little Or No Prompting
<input type="checkbox"/> Often Understands - Misses Some Part/Intent Of Message, With Prompting Can Often Comprehend Conversation
<input type="checkbox"/> Rarely/Never Understands
<b>Cognitive Skills For Daily Decision Making (Decisions Regarding Tasks Of Daily Life, E.G. When To Get Up/Have Meals, What Clothes To Wear/Activities To Do) (Check Only One):</b>
<input type="checkbox"/> Independent (Decisions Consistent/Reasonable/Safe)
<input type="checkbox"/> Modified Independence (Some Difficulty In New Situations Only)
<input type="checkbox"/> Minimally Impaired (In Specific Situations, Decision Become Poor Or Unsafe; Cues/Supervision Necessary At Those Times)
<input type="checkbox"/> Moderately Impaired (Decisions Consistently Poor Or Unsafe, Cues/Supervision Required At All Times)
<input type="checkbox"/> Severely Impaired (Never/Rarely Makes Decisions)

### **III BEHAVIORAL HEALTH (CONTINUED)**

#### **Significant Life Changes - Check All That Are Observed or Reported:**

<b>Recent Life Changes (6-12 Months)</b>		<b>Various Behaviors</b>	
<input type="checkbox"/>	Loss Of Significant Other	<input type="checkbox"/>	Wandering
<input type="checkbox"/>	Change In Health Condition	<input type="checkbox"/>	Repetitive Actions
<input type="checkbox"/>	Change In Living Condition/Arrangements	<input type="checkbox"/>	Rummaging, Hoarding, Hiding, Losing Items
<input type="checkbox"/>	Change In The Ability To Care For Self	<input type="checkbox"/>	Suspicious
<input type="checkbox"/>	Change In Sleeping Patterns	<input type="checkbox"/>	Sundowning
<input type="checkbox"/>	Change In Behavioral Pattern	<input type="checkbox"/>	Inappropriate Behaviors; Specify:
<input type="checkbox"/>	Other:	<input type="checkbox"/>	Dementia Suspected? <input type="checkbox"/> Yes <input type="checkbox"/> No
<input type="checkbox"/>	Other:	<input type="checkbox"/>	Dementia Diagnosis? <input type="checkbox"/> Yes <input type="checkbox"/> No
		<input type="checkbox"/>	Other:
<b>Substance Use – Substance Abuse Suspected?</b> <input type="checkbox"/> Yes <input type="checkbox"/> No			
<b>Client Appears To Be:</b>			
<input type="checkbox"/>	Mixing Medications	<input type="checkbox"/>	Excessively Using Pain Medication
<input type="checkbox"/>	Receiving Medications From Multiple Physicians	<input type="checkbox"/>	Excessively Using Over The Counter Meds.
<input type="checkbox"/>	Taking Medications With Alcohol	<input type="checkbox"/>	Mixing Medicine With Over The Counter/Herbal Remedies
<b>Elder Abuse/Protective Services Need Suspected? (Physical, Sexual, Emotional, Passive Neglect, Deprivation, Confinement, Financial)</b>			
Do You Feel Someone Is or Has Been Taking Advantage Of You?      Yes      No			
If You Identify Yourself As Spiritual And/Or Religious, Are These Needs Being Met?      Yes      No			
How Can the Options Counselor Assist? Please Describe in Summary Of Needs.			

Summary of Needs Identified:

**IV VETERANS MEDICATIONS**

Does Veteran Need/Take Medication?

Does Veteran Understand The Need And Usage Of Your Medications?

If Veteran Needs Medications But Is Not Taking Medications, Check All Appropriate Reasons:

- ☐ Trouble Taking The Medications
- ☐ No Access To The Pharmacy Or No One To Shop For Medications
- ☐ Needs Additional Education/Information On Medications
- ☐ Forgets To Take The Medications
- ☐ Does Not Like Side Effects
- ☐ Other: \_\_\_\_\_

Describe Any Additional Problems Veteran May Have Taking Prescribed Medications. \_\_\_\_\_

List Of Client/Informant Reported Current **NON VA** Prescribed Medications:

Medication	Dosage/Frequency	Prescribing Physician	Pharmacy	Purpose Of Medication
1				
2				
3				
4				
5				

Can You Set Up Your Own Medications?

If Veteran Requires A Medication Set-Up, Who Is Responsible For This Set-Up?

Name:

Relationship To Veteran:

Summary of Needs Identified:

## V VETERAN NUTRITIONAL SCREENING

Difficulty With: ☐ Swallowing ☐ Indigestion ☐ Heartburn ☐ Vomiting ☐ Diarrhea ☐ Constipation ☐ No Difficulties

On A Special Diet? ☐ Yes ☐ No If Yes, Identify:

Follows Diet (Special) ☐ Yes ☐ No If No , Explain:

What Are The Client Dietary Preferences And/Or Personal Restrictions?

Observed Problems With Spoiled Food? ☐ Yes ☐ No Does Anyone Assist The Client With Meal Preparation? ☐ Yes ☐ No

NUTRITION RISK SCREEN	YES	NO	COMMENTS
1. Have You Made Changes In The Way You Eat Because Of An Illness Or Medical Condition?			
2. Do You Eat Fewer Than Two Meals Per Day?			
3. Do You Eat Few Fruits, Vegetables Or Milk Products?			
4. Do You Have Three Of More Drinks Of Beer, Liquor Or Wine Almost Every Day?			
5. Do You Have Tooth Or Mouth Problems That That Make It Hard For You To Eat?			
6. Do You Always Have Enough Money To Buy The Food You Need?			
7 Do You Eat Alone Most Of The Time?			
9. Have You Lost Or Gained Ten Pounds In The Last Six Months Without Wanting To?			
10. Are You Usually Physically Able To Shop, Cook, And Feed Yourself?			

Who Does The Grocery Shopping?

Relationship:

Is There A Need For Home Delivered Meals?

Is There A Need For Congregate Meals?

Is there a need for emergency food?

Summary of Needs Identified:



## **VI. VETERAN'S CAREGIVER**

Do you care for a Dependent other than the veteran?

Identify Person: \_\_\_\_\_ with a

Does someone provide/assist with your care? Yes      No      If Yes, Who Is Primary? \_\_\_\_\_ Relationship: \_\_\_\_\_

Do You Need Any Support?    ☐ Yes    ☐ No      OC discussed Caregiver Support information?      Yes      No

Summary of Needs Identified: \_\_\_\_\_

☐ No Change Since Last Assessment

## **VII. VETERANS TRANSPORTATION**

Does the Veteran Own a Vehicle?    ☐ Yes    ☐ No

Does the Client Presently Drive?    ☐ Yes    ☐ No

Does the Veteran Have a Valid Driver's License?    ☐ Yes    ☐ No

Has Anyone Asked the Veteran Not to Drive?    ☐ Yes    ☐ No    Who? \_\_\_\_\_

Does the Veteran Have Any Special Needs (Wheel Chair, Etc.)?

How Does Veteran Get to Where He/She Need to Go?

Summary of Needs Identified: \_\_\_\_\_

☐ No Change Since Last Assessment

## **VIII. VETERANS ENVIRONMENT**

### **Assistive Devices**

	Has	Needs		Has	Needs		Has	Needs
Brace			Special Telephones			Raised toilet seat		
Cane/Crutches			Dentures			Adaptive eating utensils		
Prosthesis			Emergency Response Device			Hospital bed		
Walker/Wheelchair			Bath bench			Oxygen		
Hearing Aids			Commode			Other 1:		
Vision aids			Grab Bars			Other 2		
Transfer Device			Lift Seat			Other 3:		

## **VIII VETERAN'S ENVIRONMENT (CONTINUED)**

### **Environmental Needs/Problems**

	<b>GROUND/STRUCTURE OF THE HOME:</b>		<b>SANITATION OF HOME:</b>
	Unsafe Flooring		Unusual Odor
	Needs Home Repairs/Structural Hazards		Infestation
	Difficulty with knobs, locks levers		Uncared Pets
	Problems with access to house or apartment		Clutter/Hoarding
	Laundry; not on the same floor		Unsanitary Conditions
	<b>HAZARDS: (Check for Yes)</b>		<b>NECESSARY RESOURCES:(Are these working?)</b>
	Smoke Detector?		Stove
	Carbon Monoxide Detectors?		Refrigerator
	Evacuation Plan		Microwave
	Heat/Air Condition		Electricity
	Adequate Lighting		Broken Water Pipes/Leaking Plumbing
			Gas
			Telephone
	<b>OTHER:</b>		

Is Client at Risk for Eviction?

Do you have any goals for your environment?

Summary of Needs Identified:

## **IX VETERAN'S FINANCIAL**

Are You Interested In Referrals Based On Your Financial Information? ☐ Yes ☐ No

Income (Amounts and Sources):

Assets (Amounts and Sources):

Summary of Needs Identified:

☐ No Change Since Last Assessment

## **X VETERAN'S LEGAL STATUS**

	Has Document Or Program In Place	Veteran Expresses Satisfaction With Current Arrangements	Needs Assistance	Comments (Indicate Who Is Appointed And The Type Of Authority, If Appropriate)
Power Of Attorney – Estate / Financial	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No		
Power Of Attorney – Healthcare	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No		
Living Will	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No		
Do Not Resuscitate (DNR)	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No		
Guardianship	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No		
Representative Payee	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No		
Burial Plan	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No		
Will / Estate Planning	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No		
Other	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No		

Write in specific Needs Identified/Tasks Required	VETERAN'S OPTIONS PLAN	SERVICE PROVIDER/ADDRESS/PHONE	TOTAL MONTHLY SERVICE BUDGET \$ _____ Cost Per Month	In Place
Personal Assistant				<input type="checkbox"/>
Homemaker				<input type="checkbox"/>
Adult Day Care				<input type="checkbox"/>
Assistive Technology				<input type="checkbox"/>
Home Delivered Meals				<input type="checkbox"/>
Respite Care				<input type="checkbox"/>
Caregiver Support				<input type="checkbox"/>
Transportation				<input type="checkbox"/>
Environmental				<input type="checkbox"/>
Disposable Medical Supplies				<input type="checkbox"/>
Expenses related to community integration				<input type="checkbox"/>
Savings: Emergency ____ If for Specific Item ____				<input type="checkbox"/>
Other				<input type="checkbox"/>

ACCEPT VDC SERVICES? ☐ YES ☐ NO

**SIGNATURE APPROVALS**

*Veteran or Authorized Representative:* \_\_\_\_\_ *Date:* \_\_\_\_\_

*Options Counselor:* \_\_\_\_\_ *Date:* \_\_\_\_\_

***SUPERVISOR'S APPROVAL:*** \_\_\_\_\_ *Date:* \_\_\_\_\_

Veterans ID \_\_\_\_\_

## XI ADDITIONAL NARRATIVE