



Hello, fellow bold advocate!

Below are fill-in-the-blank style talking points that you can use to speak with legislators about the negative impacts of proposed cuts to Home and Community-Based Services (HCBS) care at home programs, work reporting requirements, Healthcare benefits (Medicare & Medicaid), and SNAP food benefits. These prompts give space for you to personalize your message and share real-life impact stories.

TELL YOUR STORY

Why We Must Protect Home and Community-Based Services, Healthcare benefits (Medicare & Medicaid), SNAP, and More

Home and Community-Based Services (HCBS)

I rely on HCBS to live independently in my own home instead of being forced into an institution. Without these services, I would lose access to:

☐ [e.g., in-home caregiver, transportation, meals, personal care support]

These services help me:

☐ [e.g., go to work/school, stay out of the hospital, participate in my community]

If HCBS funding is cut, I fear that:

➤ _____

➤ _____

Work Reporting Requirements

I want to contribute to society, but strict work reporting requirements do not account for:

☐ [e.g., disability-related barriers, inconsistent health, caregiving responsibilities]

These rules make it harder, not easier, for me to stay employed or keep my benefits.

If forced to meet unnecessary reporting requirements, I worry that:

➤ _____

➤ _____

SNAP helps me afford nutritious food and stay healthy.

It allows me to:

☐ [e.g., stretch my income, avoid food insecurity, manage a special diet]

If SNAP is cut or harder to qualify for, I would:

➤ _____

➤ _____



PLEASE CALL OR EMAIL YOUR LEGISLATORS TO TELL YOUR STORY

Advocate for yourself and other Missourians by sharing how much these benefits impact your daily life.

Your voice needs to be heard!

My Story Matters

I am from: _____

I am a (choose any that apply):

☐ Person with a disability

☐ Older adult

☐ Caregiver

☐ Low-income worker

☐ Veteran

☐ Rural resident

☐ Other: _____

Here's how these programs make a difference in my daily life:

➤ _____

➤ _____